



Family Travel Toiletry Bag Packing List

We have a travel toiletry bag that I keep fully stocked at all times so when it is time to travel, I just have to add in a few things like my make-up. Once a year I check all expiration dates and replace as needed. I use [Dot & Dot Travel Bottles](#) to keep each person's shampoo, conditioner, soap and lotions in. I have different colors for each person and use a sharp marker to write on the front what each is. Their wide mouths allow for easy refill upon return so you can simply grab and go the next time.

Here is what I keep in there at all times:

- ✓ Shampoo, Conditioner, Soap and Lotion for each person
- ✓ A Razor
- ✓ Tweezers
- ✓ Nail clippers and a file
- ✓ Sunscreen for the face (make sure you keeps tabs on when it expires and be sure to toss it and replace it)
- ✓ Toothpaste – one kids, one adults
- ✓ Travel toothbrushes
- ✓ Cold Medicine for both adults and children (be sure to check this yearly and to not let it expire)
- ✓ Children's Pain Relieving Medicine (be sure to check this yearly and to not let it expire)
- ✓ Travel-size shower poofs for cleaning
- ✓ Q-tips
- ✓ A Mirror
- ✓ Calendula lotion
- ✓ Band-aides
- ✓ Pain Relieving Neosporin
- ✓ Vaseline
- ✓ Melatonin for the kids
- ✓ Rubber bands, clips and bobby pins for hair
- ✓ Saline Nasal Spray – you will be surprised how dry traveling can be and how much this can help.
- ✓ I am a tea drinker so I always keep a few tea bags in here – you never know what you are going to get so best to have your own
- ✓ I keep a few dryer sheets in a plastic bag in the travel pack – they have many uses!
- ✓ Matches/lighter
- ✓ Travel size laundry detergent
- ✓ Several quarters – just in case...!